



ATTENTION CAMPERS: WE'RE HAVING A PARTY!

This party toolkit is meant to be used for NICU reunion parties or events and can be used in conjunction with other NICU reunion kit materials.

This NICU party is camping themed—the following pages are designed to get you in the party spirit.



What You'll Find Inside

Camping-themed **SNACK** ideas

- Ideas for YOU
- Ideas for ATTENDEES so they can continue the fun at home (*can be emailed to attendees for virtual events*)

Fill-in-the-blank camping **STORIES**

- Can be printed to use as an activity during in-person reunions (*can be emailed to attendees for virtual events*)

Printable **CRAFTS** and templates

- Can be printed and colored in as an activity during in-person reunions (*can be emailed to attendees for virtual events*)

A **SCAVENGER HUNT + BINGO**

- Can be printed to use as an activity during in-person reunions (*can be emailed to attendees for virtual events*)

Camping-themed Snack Ideas

Below you'll find a list of camping-themed snack ideas that are easy to create. We've provided families this same list so that they can recreate snacks from the party with their kids at home.



- Sprinkle crushed cookies on top of a chocolate pudding cup. Top with gummy worms or gummy spiders
- Create a snack mix by combining an assortment of dried fruit, chocolate chips, pretzels, and O-shaped cereal. A savory version can be made by including cheese crackers, nuts or sunflower seeds, popcorn, cereal, or rice puffs
- Wrap a piece of lunch meat around a string cheese, pickle spear, or rectangular cheese cracker
- Slice a banana into coins. Spread a layer of nut or seed butter on top of one slice of banana. Add another slice of banana on top. Repeat with remaining slices. You can also use mini rice cakes instead of or in addition to the bananas
- Top apples, carrots, or celery sticks with nut or seed butter or cream cheese. Dot raisins across the top
- Place half of a graham cracker on a plate and top with a piece of chocolate and a marshmallow. Microwave for 20 to 30 seconds until the marshmallow puffs up. Take the plate out of the microwave and top with another graham cracker half

NOTE: Please adjust snacks to accommodate any attendee dietary restrictions as necessary.

Fuel up for your camping adventures with a snack

When you're out in the wilderness you need energy for all your adventures. Here are a few snack ideas you can create on your own whether you're camping in your backyard, your imagination, or outdoors.



Since snacks provide energy and help you get the nutrients you need throughout the day, we wanted to provide a few camping snack ideas you can create on your own:

- **EXPLORE THE EARTH:** Sprinkle crushed cookies on top of a chocolate pudding cup. Top with gummy worms or gummy spiders. Dig into the dirt and enjoy
- **MAKE S'MORES:** Place half of a graham cracker on a plate and top with a piece of chocolate and a marshmallow. Microwave for 20 to 30 seconds until the marshmallow puffs up. Take the plate out of the microwave and top with another graham cracker half
- **CREATE YOUR OWN TRAIL MIX:** Combine an assortment of dried fruit, chocolate chips, pretzels, and/ or O-shaped cereal. A savory version can be made by including cheese crackers, nuts or sunflower seeds, popcorn, cereal, or rice puffs
- **MAKE A SLEEPING BAG SNACK:** Wrap a piece of lunch meat around a string cheese, pickle spear, or rectangular cheese cracker
- **CREATE A COMPASS:** Slice a banana into coins. Spread a layer of nut or seed butter on top of one slice of banana. Add another slice of banana on top. Repeat with remaining slices. You can also use mini rice cakes instead of or in addition to the bananas
- **MAKE ANTS ON A LOG:** Top apples, carrots, or celery sticks with nut or seed butter or cream cheese. Dot raisins across the top



COMPLETE AN ACTIVITY AND GET A CAMP BADGE



A lot of hard work goes into completing an activity and we want to honor your effort. The activities on the following pages have badges that go along with them. After completing an activity, find the matching badge on the next page. You can then color in the badge, cut it out, and tape or glue it to the matching activity page.





Create Your Own _____ Story (camping)

To create your own camping story, you'll need to work together with at least one other person. Pick one player to be the reader. The reader will ask the other players, who haven't seen the story, to fill in the blanks with words such as nouns, exclamations, adjectives, and more.

Once all the blanks are filled in, the story can be read aloud.

The _____ Owl

(adjectives like smelly, oozy, fuzzy)

On a summer day, _____ decided to go camping in
(silly name)

_____. _____ packed _____ ,
(name of place) (same silly name as before) (item)

cheese, a whistle, and a tent and then hopped in their _____
(color)

_____ to head to the campsite. When they arrived, they set up
(type of transportation)

their tent and gathered _____ to make a fire with. Suddenly a
(an object)

_____ owl appeared. "Whooooooo are youuuuuuu," it
(same silly word from the title)

_____ ? Having never heard an owl speak before,
(verb)

_____ was _____. Camping is so _____ ,
(same silly name as before) (verb) (positive adjective)

they thought, before telling the owl their name. "Will you stay

and _____ with me?" _____
(funny verb) (same silly name as before)

asked the owl. "Youuuuuu bet," said the owl. The two new friends

spent the rest of the day _____ .
(describe a situation)

The _____ Trail

(funny name)

Camp leader George was _____ to take his group of
(adjective)

_____ campers up the _____ trail. He made sure
(adjective) (same funny name)

everyone had a _____, a whistle, and a lot of _____
(silly object) (another silly object)

before they set off. _____ into their hike, they saw a
(amount of time)

_____. Everyone _____ and panicked, and one
(animal) (verb)

camper even _____ off into the woods. Luckily, the noise
(describe a goofy situation)

scared the _____ away and they were able to keep going. They
(same animal as before)

passed rivers, streams, and _____. After _____
(object) (amount of time)

they could see the end of the trail in the distance. When they reached it,

everyone _____ in relief. "What are you doing," George exclaimed.
(adjective)

"We have to turn around and go back." The campers _____ around
(verb)

at each other. "No way, George," they said. "We're calling a ride." One of the

campers pulled out his _____ and a _____ picked
(object) (imaginary vehicle)

them up and brought them all back into camp.



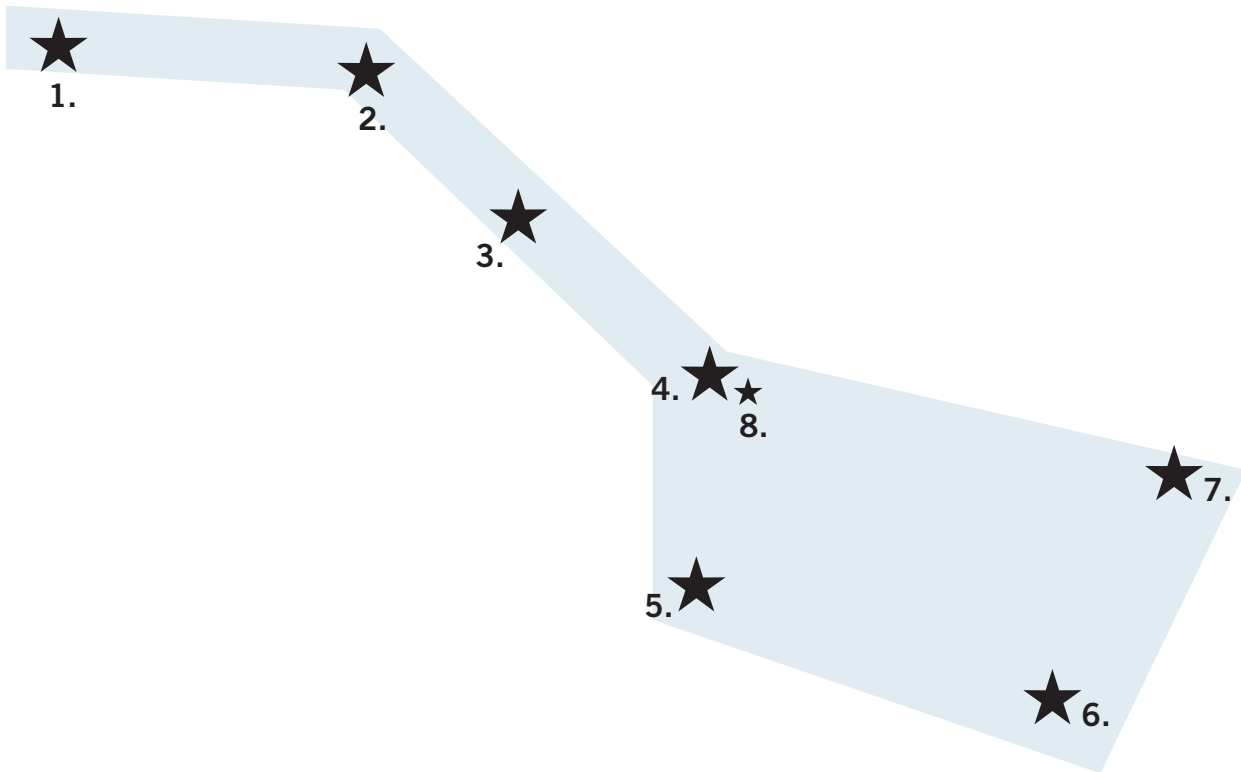
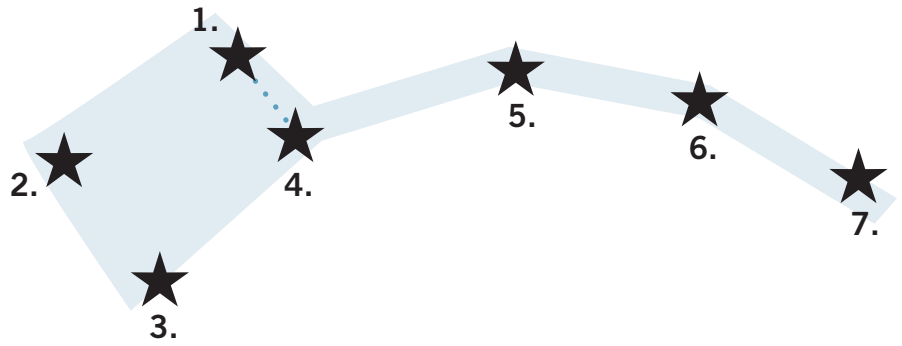
STARGAZER
BADGE

CONNECT THE STARS
TO DISCOVER
CONSTELLATIONS

Starting with the number 1, connect the stars
in numerical order on each page.



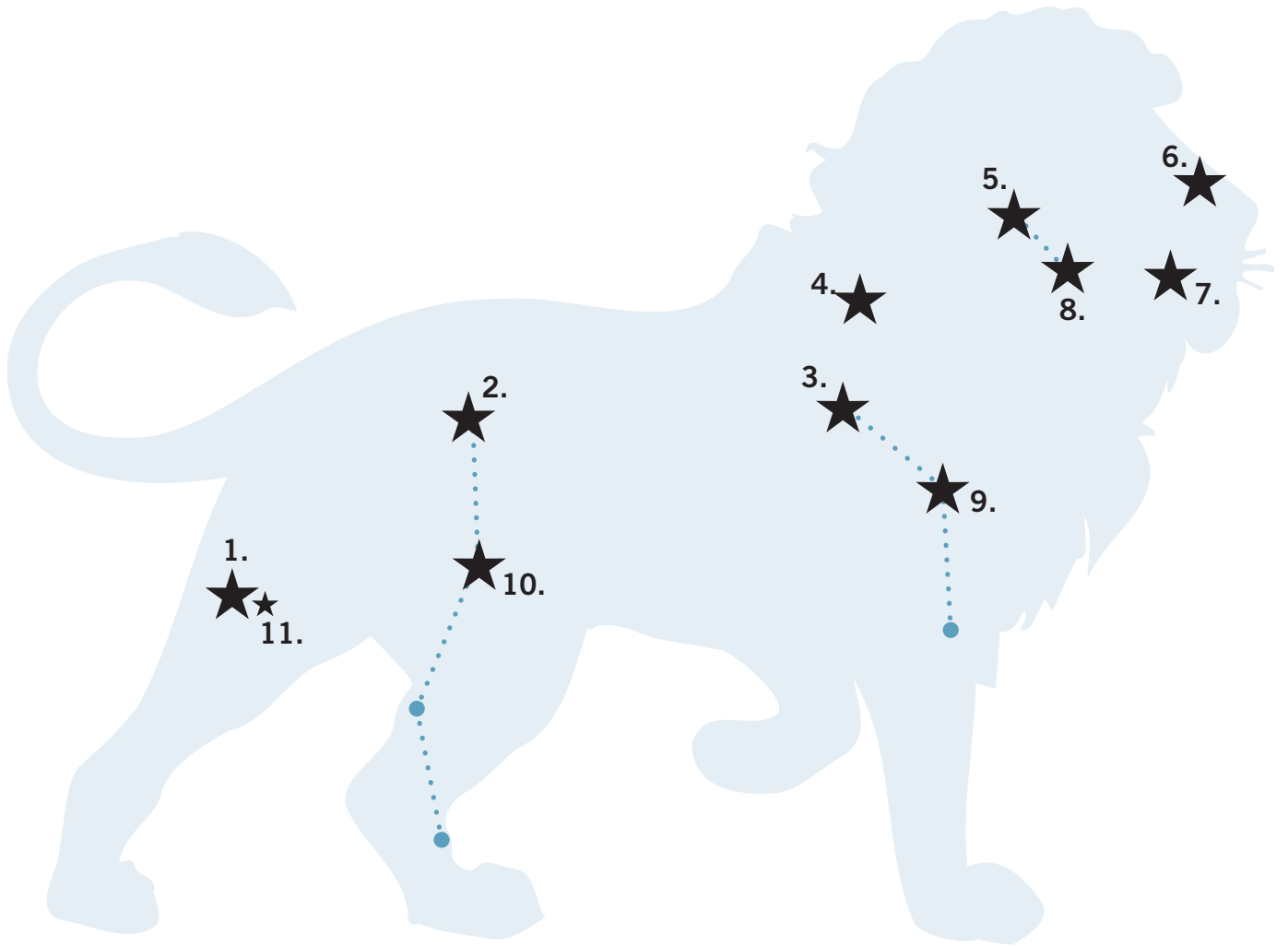
THE LITTLE DIPPER



THE BIG DIPPER

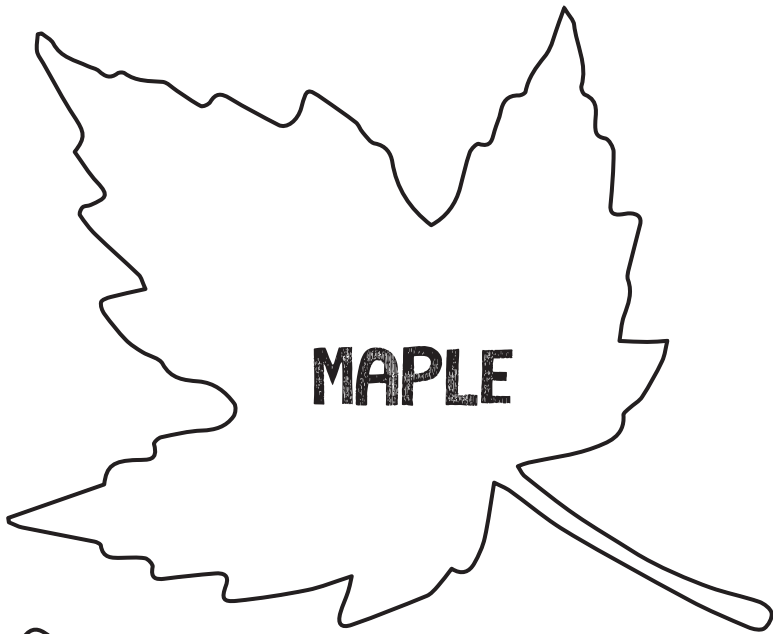


ORION



LEO

COLOR THE FOREST FLOOR



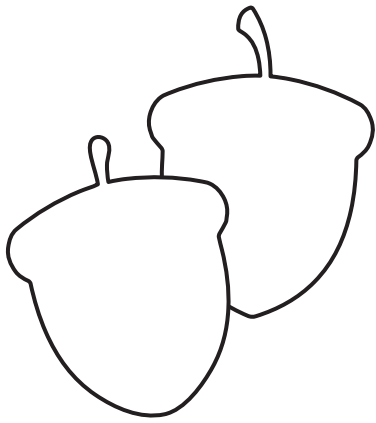
MAPLE



FORESTRY
BADGE



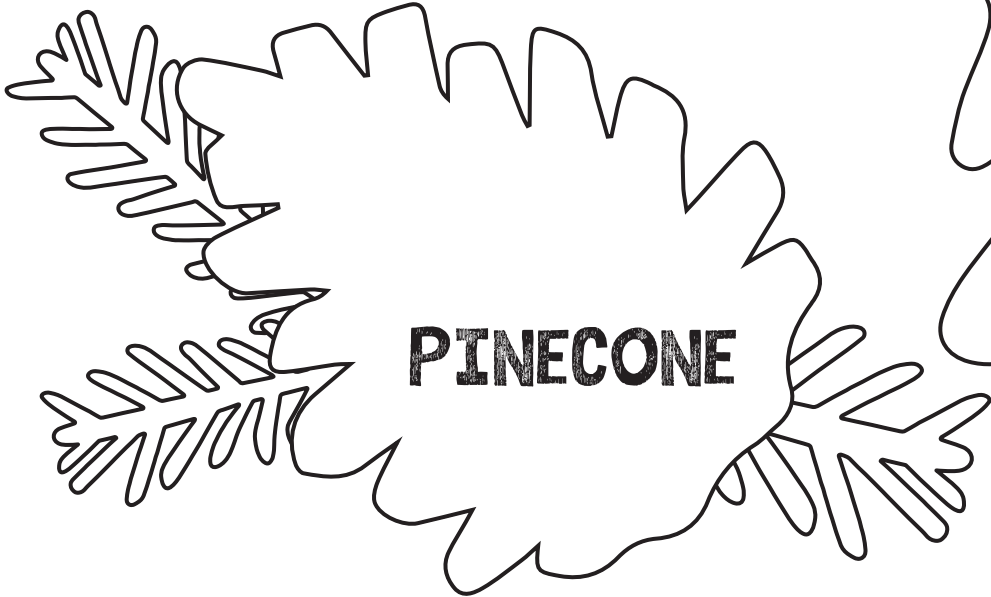
BIRCH



ACORNS



SYCAMORE

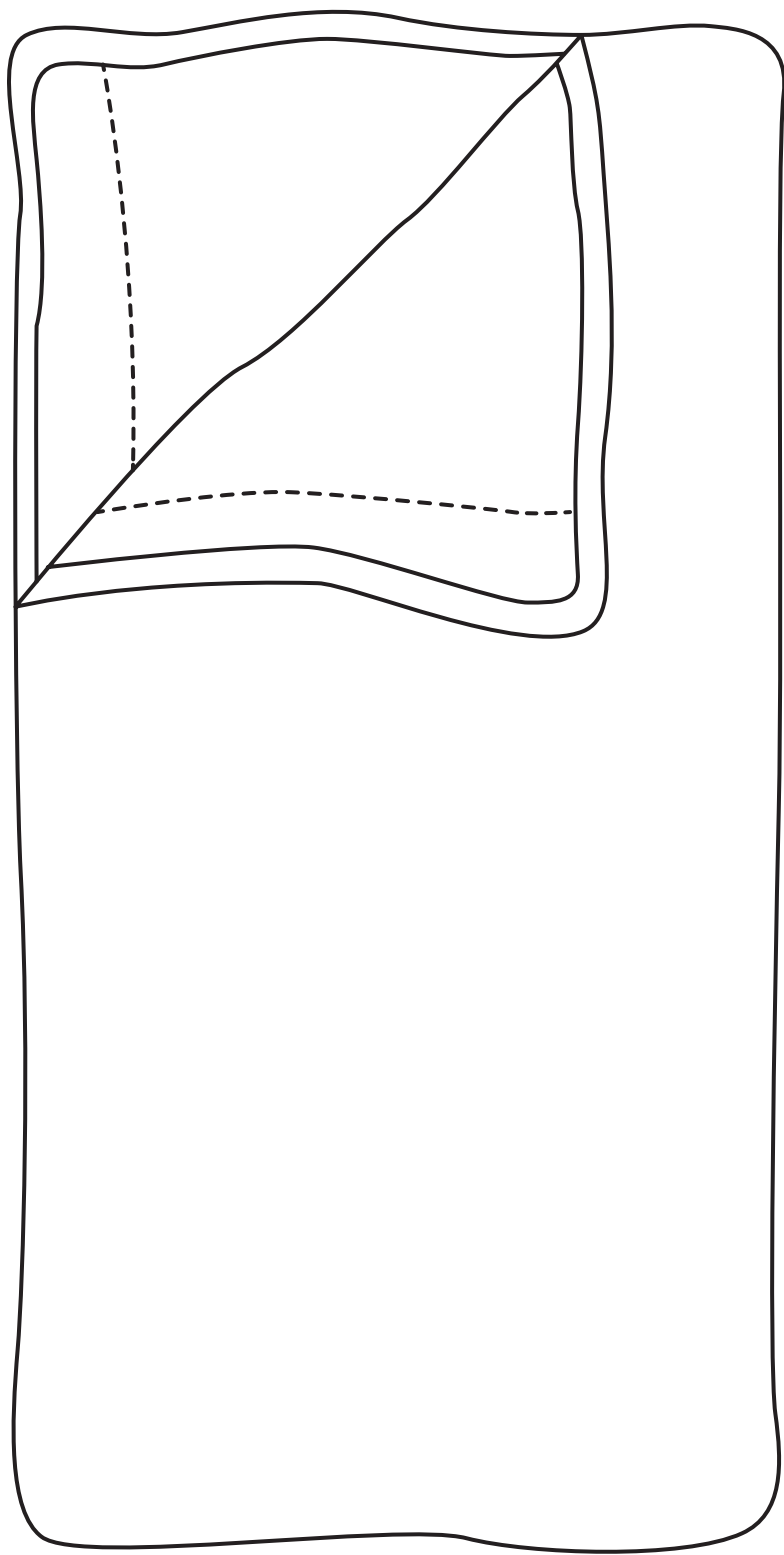


PINECONE



OAK

DECORATE A SLEEPING BAG



ZZZ

Zzzz

Zzz

Zzz

CLEVER
CAMPER
BADGE

CAMPING

B **I** **N** **G** **O**

SETUP FOR THE CALLER

Cut apart the calling card terms and place into a bowl.

SETUP FOR PLAYERS

Create your own bingo card by filling in each square with one of the provided terms (see following page). Use one term per square in any order you choose. You will have 6 unused terms.

Once it's time to play, use a pen, marker or other item, such as a pretzel or jelly bean to mark your bingo card as terms are called.

TO PLAY

Pull one term out of the bowl at a time, and call out what it is. Give everyone time to mark it off of their card if they have it. Repeat this until someone has 5 marked off spaces in a row and yells out BINGO!

FOR THE CARD MAKERS + PLAYERS

CAMPING

B

I

N

G

O

Create your own bingo card by filling in each square with one of the terms below. Use one term per square in any order you choose. You will have 6 unused terms.

tent

camper

tree

sleep rack

matches

flower

campfire

flashlight

s'mores

axe

headlamp

river

whistle

socks

mountain

compass

water bottle

nature

first aid kit

fishing pole

bugs

boots

trail

fresh air

bird

map

stars

bear

bug spray

hiking

FOR THE CALLER



tent	camper	tree
sleep rack	matches	flower
campfire	flashlight	s'mores
axe	headlamp	river
whistle	socks	mountain
compass	water bottle	nature
first aid kit	fishing pole	bugs
boots	trail	fresh air
bird	map	stars
bear	bug spray	hiking

CAMPING

B

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		FREE		

CAMPING

B

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CAMPING

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		FREE		

CAMPING

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		FREE		

CAMPING

B

I

N

G

O

		FREE		

SCAVENGER HUNT

It's time to explore the world around you.
Take a look around and see what you can find.



1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____





NICU 
FAMILY REUNION

