

Taking your medication as prescribed is the most important thing YOU can do to receive the benefit of iron chelation treatment. But if you're having side effects, it can be hard to stay on track. Use this symptom tracker to keep track of any side effects you experience and bring it to your next appointment to help guide the conversation with your doctor.

KEEPING TRACK OF SIDE EFFECTS

While on a iron chelator, side effects can affect different parts of your body. Different chelators are associated with different side effects. Depending on how your body reacts with the chelation, you may experience different side effects than someone else who may be on the same treatment.

- hearing loss
- vision problems
- kidney issues
- liver issues
- stomach problems (i.e., nausea and vomiting)



If you are experiencing any side effects, be sure to report them to your doctor.

Mia, actual person living with Sickle Cell Disease



SIDE EFFECT TRACKER

Use the space provided to keep track of any side effects you experience and discuss them with your healthcare team. Your doctor or nurse may need to adjust your chelator dose to maximize iron removal and minimize side effects so you receive the full benefit of chelation treatment.

Side effect:	
Date first noticed:	Keeping you or your child from taking medication? (Circle one) Yes No
Notes:	

Side effect:	
Date first noticed:	Keeping you or your child from taking medication? (Circle one) Yes No
Notes:	

Side effect:	
Date first noticed:	Keeping you or your child from taking medication? (Circle one) Yes No
Notes:	

Side effect:	
Date first noticed:	Keeping you or your child from taking medication? (Circle one) Yes No
Notes:	

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